

# Developmental Delay

## Fact Sheet

Developmental Delay is when your child does not reach their developmental milestones at the expected times. It is an ongoing major or minor delay in the process of development. If your child is temporarily lagging behind, that is not called developmental delay. Delay can occur in one or many areas—for example, gross or fine motor, language, social, or thinking skills.

Developmental Delay is most often a diagnosis made by a doctor based on strict guidelines. Usually, though, the parent is the first to notice that their child is not progressing at the same rate as other children the same age. If you think your child may be “slow,” or “seems behind,” talk with your child’s doctor about it. In some cases, your pediatrician might pick up a delay during an office visit. It will probably take several visits and possibly a referral to a developmental specialist to be sure that the delay is not just a temporary lag. Your child’s doctor may use a set of screening tools during regular well-child visits.

For more information contact:

UCP of Central Florida

(407) 852-3300

[referrals@ucpcf.org](mailto:referrals@ucpcf.org)

[www.ucpcf.org](http://www.ucpcf.org)

Find us on:   

